

# Fauldhouse Together

Issue 23 Spring 2014



The latest news on developments in our village, from the FCDT Team

## What a fantastic day!

Saturday the 26 April saw the first (Timebank) Spring Time Event held here at The Hub. The response from local people, volunteers and elected representatives was inspiring, and all who attended on the day agreed that FCDT's FABTimebank Project should make this an annual event.

Spring is a great time to take part in outdoor activities and events. On the day there were activities to suit all ages, everything from planting flower seeds to guided walks. The event also marked the launch of the Medal Route Walks for the village. Medal Routes is an initiative of Ramblers Scotland, inspired by the Commonwealth Games. The initiative uses local knowledge to create local walking routes on local pathways. Jim Smalls from the Forestry Commission also guided groups of 12-15 people around local forest walks. Those who took part found the guided walks



interesting and informative, with routes to suit all ages and abilities. If you would like more information on our Medal Route Walks you can pick up your free leaflet from The Hub. The leaflet has a map of Fauldhouse and marks the Bronze (15 minute walk) Silver (30 minute walk) and the Gold (60 minute walk) routes around the village. All walks start and end at The Hub. A booklet of longer walks around Fauldhouse is in the pipeline for this autumn. We will keep you posted. See page two for ways to get involved.

*cont.*

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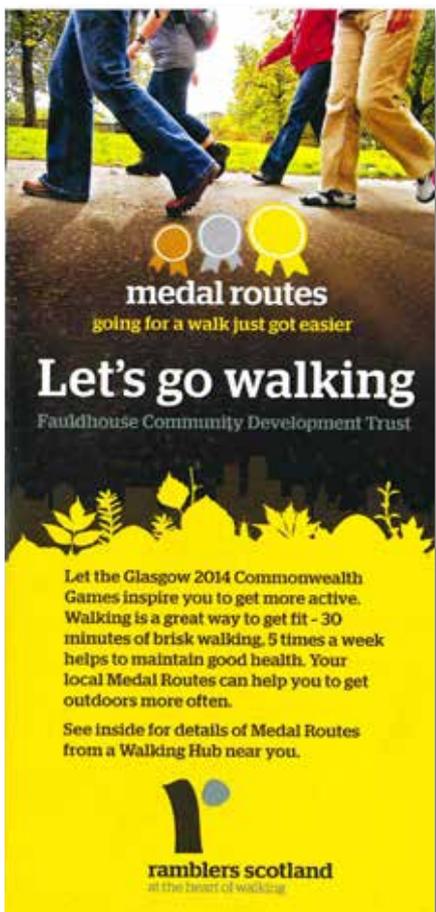
Those who attended the event helped to plant wild flower seeds around the village, at the Field of Hope and Knowes Colliery Community Woodland. Poppies were also scattered at the war memorial and hopefully they will be in bloom this summer when commemorations to mark the centenary of WW1 begin. Most of the children and young people who attended the event also planted sunflower seeds. There will be a fun competition later this year to find the tallest sunflower in the village. Anyone can take part in the sunflower competition. The entries will be judged at our Annual Fair Day in September. So we hope you are all taking good care of your seedlings?

To help make these colourful improvements to our village we received a grant from West Lothian Council's Village Improvement Fund. The funding was used to buy seeds, compost and gardening tools. We also purchased new benches and planters. The benches and planters will be placed at the war memorial and outside The Hub. The plan was to install the planters and benches at the Spring Time Event, but planning permission has taken longer than first anticipated. We will hopefully have the required permissions within the next couple of weeks and the benches should be in place early summer.

Councillor David Dodds also presented our school environmental poster competition winners with their prizes. The winners each received a prize and both St John's and Falla Hill Primary Schools also received donations from FCDT to purchase equipment and materials for their schools. There were three winners selected from each primary school. The winning entries are on page three of this newsletter, and *all* entries are on display at The Hub. Very well done to everyone who entered, the standard of entries was amazing.

Overall it was a fantastic day! We would like to take this opportunity to thank everyone who came along, the Timebank volunteers and FCDT staff. We must also say a big thank you to the Fauldhouse Footers for their help with the medal route walks, to Jim Smalls from the Forestry Commission who led the guided walks, to 'Living it Up' who came and set up a stall on the day giving advice and information, to FCDT Board of Directors and our locally elected representatives who gave their support and attended the event, FCDT Chairperson Robert Russell, Councillor David Dodds, Councillor Greg McCarra and Angela Constance MSP. Everyone's support is very much appreciated, thank you all!

**To find out more about volunteering and Timebank opportunities. email: [morag@fauldhouse.org.uk](mailto:morag@fauldhouse.org.uk)**



## Time to Walk

**Following on from the launch of the Medal Walking Routes in the village, we are now starting to look at some longer walks starting and finishing in Fauldhouse. These will be collated into a booklet for the community, with the aim to have it ready for FCDT's Annual Fair Day in September.**

If you would like to be involved in this interesting project over the summer, we are looking for local people who'd like to contribute by:

- suggesting their favourite walks
- writing up route information including local history and wildlife
- testing routes and giving feedback
- photographing the routes

So whether you are new to the village or have been tramping the paths for many years, there are tasks for everybody to get involved in.

**Drop in to The Hub for a chat or contact Morag on 01501 773 699 or email: [morag@fauldhouse.org.uk](mailto:morag@fauldhouse.org.uk)**

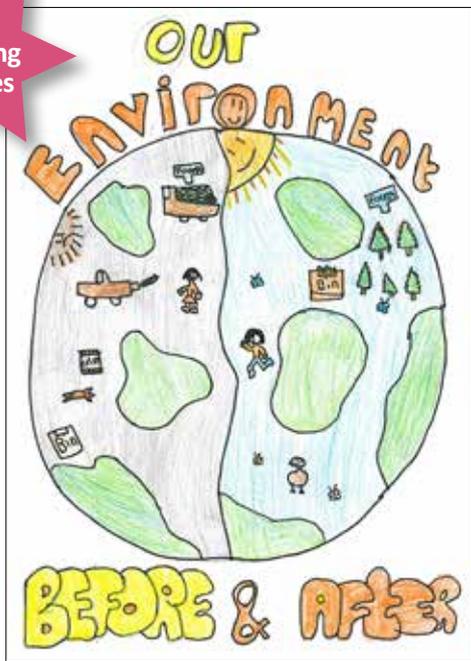
### The Fauldhouse Footers

The group leave from The Hub every Thursday from 10am. Walks around the village are moderate and suit most abilities. There are around seven to ten walkers attending normally. Newcomers to the group always welcome!

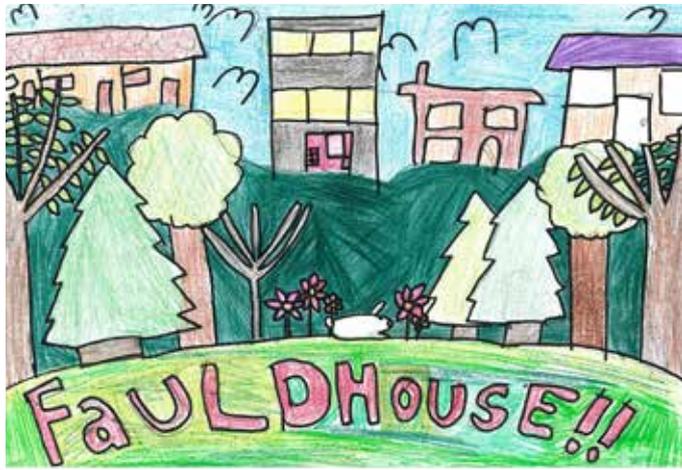
# The Poster Competition Winners

A big thank you to both Falla Hill and St John the Baptist Primary Schools P6 & P7 pupils for taking part in FCDT's environmentally themed poster competition as part of our recent Spring Time Event.

the winning entries



Each school has received a £100 cheque towards school funds and all pupils who took part in the competition have received certificates and seeds as a thank you. The three winners from each school were presented with a winner's certificate, seeds and also a £10 gift voucher.



Winners (clockwise from top left):-  
Courtney McSeveny, Caitlin Henderson, Nikola Wostak, Caitlin Hadley, Keri Findlay and Eilidh Mckeown.

# FCDT Future Events

Following the recent Spring Time Event, FCDT have a couple more events for your diary

## Septemberfest14

We will be having our annual music festival during September this year. **Septemberfest** events will run in various venues around Fauldhouse from **Wednesday 3 September until Tuesday 30 September**. The Hub Events Sub Group have been working hard and we hope to launch the month of events with an orchestra in the Chapel Hall on Wednesday 3 September. We plan to have bands, local singers, music workshops, folk music, a musical, a series of movies and more. Many local venues in Fauldhouse will be taking part so look out for our programme and publicity over the coming months.

If you wish to take part in this year's **Septemberfest** or wish further details and information, please contact Lesley (details below).

**FCDT's Annual Fair Day** is to take place on **Saturday 6 September**. The event will run from **11am – 2pm** and we plan to have a family day with stalls, crafts, tombola, face painting, mini zoo, raffle, activities and events, bouncy castle, teas, coffees, treats and more.

**If you are interested in taking a stall, putting on some kind of activity and/or getting involved please**

**tel: 01501 773 699**

**email: [lesley@fauldhouse.org.uk](mailto:lesley@fauldhouse.org.uk)**

**or pop into The Hub for a chat.**

## Acknowledgements

Thank you to **The Robertson Trust** who has awarded the **Timebank Project £25,000** to continue the project for a further **two years** and the **West Lothian Council Village Improvement Fund** who have awarded FCDT **£3,488** to install benches and planters in the village.

## Fauldhouse United

Coming soon!

Coaching sessions for children and young people with Fauldhouse United.

For more information contact Colin tel: 07887 902 667

## Reverend Retires

**The Reverend Robert Sloan of St Andrews Church is about to retire. Robert was born in Glasgow, he has a twin brother and three older sisters. He also met his wife in Glasgow and they married in 1972. Robert left school at fifteen and began working life as a van boy with John Menzies. The majority of his working life was with James Howden Engineering in Glasgow.**

When he was twenty he joined the Church of Scotland and willingly undertook a whole variety of tasks and responsibilities, including that of an elder within the church. Before coming to Fauldhouse he was minister at St Andrews Parish church in Blairgowrie. He has also ministered at Scone New, which is linked to St Martins near Perth and the Burns and Old Parish Church in Kilsyth.

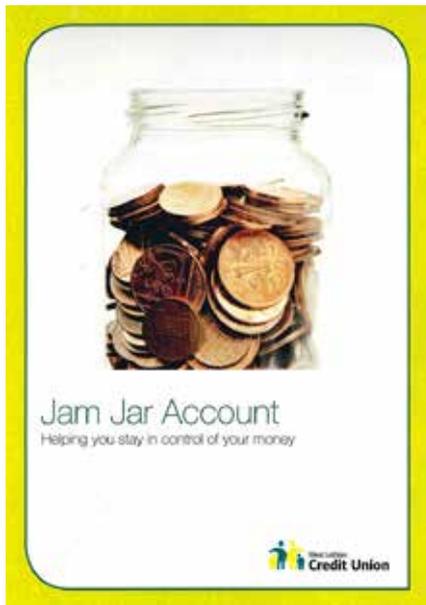
Robert retires on the 19 of December 2014 and will be moving back to Blairgowrie with his wife. They plan to take time out to enjoy a long term visit to their family in Australia. He is also planning to write and says he might even write a book about his own interesting life. He also plans to continue to do charity work. Robert has enjoyed his time in Fauldhouse and has been made to feel welcome by the people of Fauldhouse. We would like to wish Robert and his wife a very long and happy retirement, and we look forward to reading his new books.

If you are interested in finding out more about The Hub, 10 Main Street, please contact us by phone on 01501 773 699, email [info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk) or pop in to see us.

## Looking for information for this newsletter!

If you wish to submit any community information, promote up and coming events in the village or have any interesting historical facts about Fauldhouse, please contact Lesley at The Hub by Friday 18 July.

# West Lothian Credit Union - Jam Jar Accounts



**West Lothian Credit Union is a voluntary organisation in West Lothian, aimed at encouraging financial independence and financial inclusion by way of giving people access to savings accounts, ethical loans and also support with budgeting skills, which is a feature of our new Jam Jar Accounts.**

Jam Jar Accounts are aimed at vulnerable tenants as a way to ensure their priority payments, including rent, are ring fenced to avoid falling into arrears and a cycle of debt, giving them the skills they need to budget more wisely and make their money go further.

As well as saving and budgeting support, West Lothian Credit Union also offer a range of other financial services such as prepaid Visa cards, funeral plans and loans.

Our new Choices Loan will be launched in April and can be used to pay off your existing high

interest payday loan, rent arrears or high-charging overdraft fees. With an interest rate of 42.8% APR this compares really well with the typical APR of payday lenders ranging from 399% to over 5000% making the Choices Loan a low cost alternative to expensive payday loans.

**If you would like more information about any of the services West Lothian Credit Union have to offer, please do not hesitate to contact us on 01506 436666 or, alternately, send an email to [info@westlothiancreditunion.co.uk](mailto:info@westlothiancreditunion.co.uk)**

You can also find our unit situated in Livingston Centre opposite Primark. We are open from 9am – 5pm (Mon-Thu) 9am – 4pm (Fri) and 10am – 2pm (Sat).

**Communities Tackling Sectarianism Together**

is a new project aimed at bringing together local people and organisations to address sectarian issues within the local area.

- Do you live in the Breich Valley?
- Are you a local service provider?
- Do you believe that sectarianism is an issue for your community?
- Do you want to contribute to making your community a better place to live?

If you answer yes to any of these questions then we would be delighted to hear from you.

Jim Dunsmore  
Communities Tackling Sectarianism Together  
Fauldhouse Community Development Trust  
The Hub, 10 Main Street,  
Fauldhouse, EH47 9HX

tel 01501 773 699 / 07434 610 274  
email [jim@fauldhouse.org.uk](mailto:jim@fauldhouse.org.uk)  
web [www.fauldhouse.org.uk](http://www.fauldhouse.org.uk)  
Twitter [@CommunitiesTacklingSectarianism101](https://twitter.com/CommunitiesTacklingSectarianism101)  
Facebook [Communities Tackling Sectarianism Together](https://www.facebook.com/CommunitiesTacklingSectarianismTogether)

## Communities Tackling Sectarianism Together – How to get involved

**The project Communities Tackling Sectarianism Together is now a few months old and progressing at a steady pace.**

The project's main aim is to work with communities to look at sectarianism within their community and to explore ways in which we may be able to challenge it.

We are working on establishing local groups in Addiewell, Stoneyburn and Fauldhouse made up of local people and local service providers.

If you live or work in one of these areas and would like to be involved, please contact me and I will be happy to provide you with more information.

**Jim Dunsmore**  
email: [jim@fauldhouse.org.uk](mailto:jim@fauldhouse.org.uk)  
tel: 07434 610 274 / 01501 773 699

# The Hub Cinema

**FCDT try and show films, old and new, that we think the people might enjoy, but we would also like input from you. If you have any suggestions or ideas for future movies or clubs, please contact [info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk)**

## The Hub Kid's Cinema Club



The Hub Kid's Cinema currently shows children's films every Friday at 1.30pm. Children are issued with membership cards which are stamped on each visit. Membership costs £2/film but if kids come along to three films, they can see a fourth film for free! We ask parents to accompany children and can wait downstairs and have a coffee and a chat.

## The Afternoon Cinema Club



The Afternoon Cinema Club shows a variety of films on the first Thursday of every month at 1pm in The Hub. We do not charge an entrance fee but do ask for a donation to cover our costs. Coffee and tea is available.

Over the next couple of months, The Hub will be showing:-

**Friday 30 May, 1.30pm (PG)**

**Frozen**

**Thursday 5 June, 1pm (12)**

**Mandela: Long Walk to Freedom**

**Friday 6 June, 1.30pm (PG)**

**The Harry Hill Movie**

**Friday 13 June, 1.30pm (U)**

**Epic**

**Friday 20 June, 1.30pm (U)**

**Horrid Henry**

**Thursday 3 July, 1pm (PG)**

**Hugo**

**Thursday 7 August, 1pm (12)**

**The Impossible**

**For information on the above and future films or to book contact 01501 773 699.**

# A Welcome to Lorraine

**Lorraine Selfe is the new Salvation Army Lieutenant based in Fauldhouse. This is Lorraine's first posting and she shared with FCDT her experience of the village so far.**

Before moving to the village Lorraine did a little Google search in and around the streets of Fauldhouse, which proved helpful in finding her way around the village.

Before doing her Salvation Army training Lorraine worked for a number of years in a school for children with emotional, social and behavioural problems and also learning impairments.

Being a city girl, Lorraine always enjoyed the hustle and bustle of city life. However, as she said, she is quickly adapting to life in Fauldhouse. She said that the people she had met so far have been most welcoming, helpful and friendly. Lorraine also said she loved the open spaces around the village. "I love to take Jake, my two year old collie/spaniel cross for long walks around the village. My friends and family have also warmed to Fauldhouse and visit often. I always have a busy house, but in-between visits I like to

catch up on some reading. I like historical and crime/legal novels. As for TV, I'm not keen on soaps, preferring country style programmes.

Lorraine said she has lots of plans for future development. She is planning to have a 'Messy Church' session. This would be a free and easy session encouraging parents to bring children along. There would be some simple activities to keep children happy. There would be no strict religious theme but they could have simple bible stories illustrated for children to easily understand. Lorraine also recently formed the Thursday Lunch Club which is now underway and proving popular. Lorraine is delighted to be here in Fauldhouse.

We would like to welcome Lorraine to Fauldhouse and wish her well in her new post.

## Lunch Club

There is a new lunch club on Thursdays at 12.30pm in the Salvation Army, Blackfaulds Crescent.

Lunch is £3 for 3 courses. For more details contact Lorraine Selfe on 01501 770 351 or [lorraine.selfe@salvationarmy.org.uk](mailto:lorraine.selfe@salvationarmy.org.uk)

# Fauldhouse Triathlon and Youth Aquathlon



**GRC TRIATHLON CLUB**  
PRESENTS  
**GRC Fauldhouse Triathlon**  
Sunday June 22<sup>nd</sup> @  
Fauldhouse Partnership Centre,  
Main Street, Fauldhouse

Limited Places Available	Swim: 750m (pool)	Bike: 14.5km	Run: 5km	Ideal for Novices
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**GRC Triathlon Club are holding a Triathlon in Fauldhouse on Sunday 22 June at Fauldhouse Partnership Centre.**

This event will be ideal for novices and involves a 750m swim in the pool, a 14.5km cycle and a 5km run. Limited places are available.

**On Sunday 5 October GRC Triathlon Club are also holding a Youth Aquathlon:**

Age 8 swim 50m and run 600m, age 9/10 swim 150m and run 1500m, age 11/12 swim 250m and run 2km. Age 13/14 swim 400m and run 3km and 15/16 year olds swim 400m and run 3km.

**To enter either the Triathlon in June or the Youth Aquathlon in October, please go to [EntryCentral.com](http://EntryCentral.com) or visit [grctri.wordpress.com](http://grctri.wordpress.com) for further information and details on both events.**

## Sunlight Cafe

It is hoped that The Sunlight Cafe will be restarting again over the coming months (once/month or once every two months) at a new venue, the Partnership Centre. Volunteers needed! Contact Caroline on 01501 773 699

## Take a break at The Hub

**Do you need out of the house for a couple of hours? Would you like to make some new friends or meet up with old ones? Why not come along to the Take a Break group on Wednesday afternoons from 1–3pm.**

Tell us what you would like to do. Games, puzzles, arts, crafts, Wii games, meet friends, chat?

For further info contact The Hub tel: 01501 773 699, email: [info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk)

## Crafts for sale

**Come in and have a look at our display of local crafts at The Hub.**

Or, if you are a crafts person and would like to display your work, please pop in, email:

[info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk)  
or tel: 01501 773 699

## Improving Access

**Fauldhouse Community Development Trust has been awarded £1,500 from the West Lothian Access Fund and over £4,000 by the Levensat Trust. The funding will allow us to install an automatic door entry system.**

The Trust would like to thank both organisations for their kind contributions. Once installed, the system will greatly improve access to The Hub for disabled people, older people and people with buggies and young children. A big thank you to both organisations!

## Design Service

**FCDT are offering a design service to groups and organisations in the Fauldhouse and wider area.**

Whether you need layout for your publicity including leaflets and posters, or a new logo, or you simply need to spruce up your Annual Report then please contact [lesley@fauldhouse.org.uk](mailto:lesley@fauldhouse.org.uk) or phone on 01501 773 699 or pop in to The Hub for a chat.



## Craft Fair

**Saturday 30 August 2014**

**Fauldhouse Partnership Centre**

**Do you enjoy crafts?  
Consider yourself a crafter?  
Answered yes? We Need You!!**

**Tables are available for only £10**

**Cards crafts, jewellery,  
wood working, home baking,  
knitting, sewing, crochet  
and a whole lot more.**

**For more information please phone  
01501 773 000**

### Are you ready to start taking small steps to being more active?

Join your free local health walk in Fauldhouse on Thursdays 11am – 12noon. Walkers of all abilities are welcome and you can walk at you own pace for as little or long as you feel able. **Contact the Health Improvement Team on 01506 775 626 for more information.**

### Blackburn, Seafield & District Credit Union

are at The Hub every Friday from 12noon – 2pm.

Free internet access at The Hub. Meeting rooms available for community groups and board meetings.

### Useful contacts

**Whitburn Police Station:**  
01501 740 222

**Need the Police?**  
**In an emergency call 999**  
**To report a crime call 101**

**Safety Advice from the Fire Brigade:** 0800 169 0320

**West Lothian Foodbank:**  
01501 229 307

**Partnership Centre:**  
01501 773 000

**West Lothian Council:**  
01506 280 000

**Breich Valley Information Service:** 01501 770 276

**Doctors' Surgeries:**  
Dr Jones:  
01501 773 045

Breich Valley Practice:  
01501 773 020

Community Health Reception:  
01505 773 046

**Dentist:**  
01501 773 032

### The Hub opening hours

The Hub is open Monday – Thursday from 9.15am to 5pm, Friday from 9.15am to 4pm (plus evenings/weekends as required).  
Contact 01501 773 699 or [info@fauldhouse.org.uk](mailto:info@fauldhouse.org.uk)

### Under 5s Soft Play

Come along and let your pre school kids play in The Hub soft play area for £1/hour (includes free juice for kids).  
Coffee and tea available.

The soft play area is open Mondays to Thursdays from 9.30am – 4.45pm and Fridays from 9.30am – 3.45pm.



'Like' FauldhouseCDT on Facebook

### Photocopying available

We can laminate and copy full colour up to A3 from 35p/copy  
A4 b/w copies 7p/copy      A3 b/w copies 15p/copy  
A4 colour copies 10p/copy      A3 colour copies 25p/copy



## Join the Fauldhouse Community Development Trust

Membership of the Fauldhouse Community Development Trust costs £1 (life membership). For that you can show your commitment to helping us deliver positive, sustainable improvements to our village. Whether your commitment extends to being simply a paid up supporter of the organisation or you want to get more involved in our activities, your membership is very important to us. Please complete the form and join up today.

I wish to join the Fauldhouse Community Development Trust and enclose my £1 membership fee.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Would you be interested in becoming a volunteer with the Fauldhouse Community Development Trust?

Yes/No

Postcode: \_\_\_\_\_

Would you be happy for us to contact you about any up and coming events?

Tel: \_\_\_\_\_

Yes/No