

Fauldhouse Together

Issue 20, Summer 2013



The latest news on developments in our village, from the FCDT Team

Make time for Timebanking

Fauldhouse Community Development Trust (FCDT) have recently been awarded funding by the Lothian Health Board Endowment Fund to start the Fauldhouse and Breich Valley (FABV) Timebank.

These days we don't all necessarily know who our neighbours are or where we can go to ask for a favour. Timebanking is a way of bringing people together within the community to give and receive help from each other.

All sorts of services could be offered depending on the individual members involved, from giving someone a lift to an appointment, to teaching them guitar or a foreign language. You could offer a bit of a blether to someone who's isolated, do shopping for an elderly member or cut the grass for someone who's unwell. Babysitting and personal care are really the only services that are unsuitable for Timebanking.

Timebanking recognises all talents, experiences and knowledge people have. Everyone's time is equal, so one hour of my time is equal to one hour of your time, irrespective of whatever we choose to exchange. For every hour you spend doing something for somebody, you get a time credit. You can then use that credit to get an hour of someone else's time.

To become a member of the FABV Timebank you will need to contact The Hub. Once you become a member, you can then start offering help to others and receiving your time credits. You can cash your credits



in when you want to use someone else's skills or help.

We are currently in the process of recruiting a part-time Timebank Development Worker to help run the project in the Fauldhouse and Breich Valley areas. The Timebank Development Worker will develop the project and keep a record of what you've done and keep you informed of all the time credits you've earned and spent.

If you would like more information on the FABV Timebank please contact FCDT at The Hub, 10 Main Street, Fauldhouse. Phone us on 01501 773 699 or email us at info@fauldhouse.org.uk

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Tel: 01501 773 699

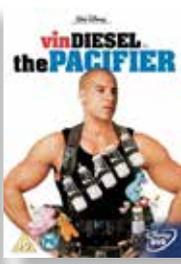
Mobile/Text: 07429 663 276

Email: info@fauldhouse.org.uk

Web: www.fauldhouse.org.uk



What's available in The Hub



Kids Cinema Club Summer Films

The Hub Cinema will be showing films over the school summer holidays.

We are showing movies on **Friday mornings** starting at **10am** (see dates and details below).

To attend film showings, children need to join the The Kid's Summer Cinema Club at £1/movie or £2.50 for the three films over the summer.

If you've not yet joined the club, you've missed the first film, **Wreck-it Ralph** on **12 July** but don't worry - you can still sign up for the **The Pacifier** on **26 July**, and **Diary of a Wimpy Kid** on **9 August**, and just pay £1 per film.

We will be showing **Rise of the Guardians** on **30 August** at our usual Kid's Cinema Club afternoon time of 1.30pm.

For more information on films and how to become a member, see our website or contact The Hub on 01501 773 699, email: info@fauldhouse.org.uk or pop into see us. Booking in advance is advised.

Office, meeting and conference space

Fauldhouse Business Hub offers a variety of office options, conference and meeting facilities. We offer flexible terms and competitive rates to individuals, businesses and community organisations.

Fauldhouse Business Hub can provide meeting space and conference facilities (capacity 30) at very competitive prices. Whether you need a space to hold interviews, seminars, training sessions, business meetings or one off events, Fauldhouse Business Hub can accommodate your needs.

We also have a variety of rental options, from a desk in a shared office for couple of hours a day, to long term office lets at competitive prices. Rates start from as little as £35/week or £135/month and include heating, utilities, broadband and Wi Fi. There is also access to photocopying; advice and assistance on organising events and publicising your business.

Fauldhouse Community Development Trust is a registered charity and all income generated is used for community projects.

For further information, please contact Julie Smith on 01501 773 699/07429 638 365 or email her at julie@fauldhouse.org.uk



Soft play area for under 5s

Come along and let your pre school kids play in our soft play area for £1/hour (includes free juice for kids). Coffee and tea available. At the moment we are open Mondays to Fridays 9.30am – 3pm.

Children's parties

The Hub is available to book for children's parties.

We have

- our soft play area for younger kids parties (under 5s),
- a large multi-use space (upstairs) for party games, children's entertainer, face painter, crafts or whatever you plan for your child's party,
- cinema facilities for children of all ages and kitchen facilities

Just bring your own party goodies and birthday cake.

Contact The Hub on 01501 773 699 for further information.

Regular Visitors

This bunch of happy smiling faces are from the Boilermakers Retired Members Group - Clyde District who were pictured enjoying themselves in Fauldhouse Miners Welfare Club.

These merry boilermakers have been coming to Fauldhouse regularly for about 30 years now. It all began when a Fauldhouse chappie Alex Finch met a boilermaker on a trip one day and suggested that the group should come and visit the Miners Welfare Club. They took up the offer and that is when this little bit of history began and as mentioned, Ronnie was one of those early visitors.

The thriving Clydeside shipbuilding industry of about 30 years ago suffered greatly over the decades. Many well known names disappeared with a few companies having to endure amalgamation in order to survive: Stephens Shipbuilding, Fairfields, Connells, Simons, John Browns, Babcock & Wilcox, Harland & Wolff, Kvaerner. Sadly of all the original shipbuilding companies only one is left in the lower reaches of the Clyde - Fergusons. The Clyde District Group represent areas such as Dumbarton, Scotstoun, Govan, Linthouse, Paisley, Renfrew.

Going back 30 years the retired members coming to Fauldhouse numbered in hundreds. About 500 members used to arrive in the village for the annual outing. The Welfare looked after 300 and the Masonic Club helped out by taking the other 200.



Names from left to right are: Colin Greenlees, Alex Sorley (Chairman), Willie Watt (Secretary), Ronnie Leighton (one of the original visitors), Davie Smith (Branch Sec of No 12), and Don Sutherland. At the back, Alex McGurk of Fauldhouse.

Today these numbers have dwindled somewhat and can be around 100 or so. The programme for the trip has not changed very much over the years. When the members arrive they enjoy wholesome food and drink supplied by the clubs. Then they are free to enjoy other interests in the village. Keen golfers take a trip to the golf course. Some like looking in on the library. In past years quite a few went for a game of bowls, which unfortunately is sadly missed now. Many just enjoy chatting with their Fauldhouse friends.

In conversation, members were keen to emphasise (maybe for their wives benefit), that they are always well behaved. However a little bird mentioned that on one occasion (long time ago) a member went missing, only to turn up later in a police station. One other occasion a missing member was found, after the buses had departed, in a very happy state, in a cupboard at the Welfare. This happy person had to be despatched home by taxi but was less than a happy person when he had to pay the taxi fare.

Later in the day the members re-assemble in the Welfare to enjoy a few hours evening entertainment. Then by 7pm it's time to climb back on their buses and turn around towards the Clyde District again. We hope the members continue to enjoy our local hospitality for many more years. Thanks are due to the Masonic and Welfare Clubs for their part in keeping this tradition going.

Reporter: FM Greenhorn Broughton

The Sunlight Cafe is a meeting place in The Hub where people, who have any form of dementia, can come with their carers to meet others in a similar situation for support and social contact.

Run by volunteers, the cafe offers a friendly place to meet up for a chat and coffee. A light lunch is available for £2.

Sad news from The Sunlight Cafe

We were sorry to hear about the passing of Sunlight Cafe regular Betty McGurk. She will be sadly missed.

The Sunlight (Alzheimer) Cafe

takes place on the last Thursday of every month
from 11.30am – 1.30pm



Dates for 2013

Thursday 25 July	Thursday 31 October
Thursday 29 August	Thursday 28 November
Thursday 26 September	Thursday 19 December



'Like'
FauldhouseCDT
on Facebook

Contact us

If you are interested in finding out more about anything going on at The Hub, 10 Main Street, please contact us by phone on 01501 773 699, email info@fauldhouse.org.uk or pop in to see us.

Congratulations to the Blake Family

FCDT were delighted to hear about the birth of their Hub Administrator Mhairi's beautiful baby girl, Emma.

Congratulations and best wishes to both Mhairi, husband Robbie and also to new big brother Michael.

See fauldhouse.org.uk for information about FCDT and our up coming events.

Feasibility Study

FCDT is currently carrying out a feasibility study in Fauldhouse. We want to know if there is a need, or a desire, to have a dedicated youth facility here in Fauldhouse. The Fauldhouse Community Development Trust is aware that the rate of unemployment amongst young people in Fauldhouse is high: above average levels for both the local area and Scotland as a whole. The Trust has also identified issues concerning access to further education, training and employment linked to low self-esteem, lack of confidence and in some cases the lack of basic literacy skills.

Against this background the Trust commissioned the study to investigate the feasibility of setting up a new dedicated facility for young people in the village. The overall aim would be to improve access to education, training and employment with activities that could include:

- Taking a more creative and holistic approach to working with local unemployed young people.
- Provision of individual and group support to improve self-esteem, confidence and social skills.
- Classes focusing on literacy and numeracy.
- Training in practical work skills
- Work experience.
- Assistance with applications for further education and employment.
- Outdoor education and volunteering opportunities.

The study will examine the need and support for such a facility, identify the range of services most in demand and make an initial assessment of the feasibility of the proposal. If you would like to take part in the consultation process, or you would like to make your views known, please contact Julie Smith Project Manager on 01501 773 699.

New Foodbank distribution outlet in Fauldhouse

The West Lothian Foodbank now have an a distribution outlet in Fauldhouse at The Hub (10 Main Street, Fauldhouse). This service is available from 10am to 2pm on Tuesdays, Wednesdays and Thursdays.

The Foodbank provides emergency food for Fauldhouse people in crisis.

We realise things are tight for most folks at the moment but, if you are able, you can do your bit by buying items from the shopping list and donating them to your local Foodbank distribution outlet. You could even BOGOF (Buy One get One Free) when doing your weekly shop at the supermarket and donate your 'free' items to the Foodbank.

We will deliver your donations to the Whitburn Foodbank for packing into food parcels for those in need in your local area.

Contact The Hub for more information.

Shopping List

Milk (UHT or powdered)
Sugar 500g
Fruit juice (carton)
Soup
Pasta sauces
Sponge pudding (tinned)
Tomatoes (tinned)
Cereals
Rice pudding (tinned)
Tea bags/instant coffee
Instant mash potato
Rice/pasta
Tinned meat/fish
Tinned fruit
Jam
Biscuits or snack bar

Need the police? Dial 101 any time it isn't 999



any time it isn't 999

101 makes it quicker and easier to contact the police when you don't need an emergency response, for example if you've had a minor traffic accident, your property has been vandalised, your car has been stolen or you suspect drug dealing.

101 replaces all local police station numbers with one easy-to-remember number, which you can

use to contact police anywhere in the country. Existing local phone numbers will be phased out gradually. **101** is available 24 hours a day, 7 days a week. It costs a flat rate of 15p per call from landline and mobile networks, no matter what time of day or how long you are on the phone.

When you dial **101**, the system will work out your location and connect you to the service centre covering your area.

Using **101** should make the police more accessible while reducing pressure on the 999 system.

Deaf, deafened, hard of hearing or speech-impaired callers can access the service via TextRelay on 1 800 1 101.

In an emergency always dial 999 - when someone is in danger, a crime is in progress or a suspect is nearby.



Anyone interested in sponsoring Fauldhouse United?

There are many ways you can do this... shirt sponsor, Match Day sponsor, ball sponsor or have your child as mascot for the day...

If you are interested in any of the above or want to learn any more ways to sponsor the team, contact Club Secretary Gordon Watson on 07967 677 441.

Save 25% on your household bills by shopping!

Use this unique card and get CashBack at leading retailers!



Ask for details today!

email: RobertRussell@uwclub.net



CASHBACK EVERY MONTH!

Next Issue

Our next issue of *Fauldhouse Together* is due for publication in September. If you wish to send us information for inclusion in our next issue, please contact Lesley by the end of August. Thanks!

Advertising

We are offering advertising space to local businesses. Prices from £40.

If you are interested in placing an advert in *Fauldhouse Together* or just wish to discuss your options, please contact Lesley on 01501 773 699/07429 663 276, email: lesley@fauldhouse.org.uk or pop into The Hub, 10 Main Street.



FCDT Street Fair 2013

FCDT are having their **Annual Street Fair** on **Saturday 7 September**.

Family day with stalls, crafts, face painting, events, bouncy castle, teas, coffees, treats and more.

If you are interested in taking a stall and/or getting involved, tel: 01501 773 699, email lesley@fauldhouse.org.uk or pop into the office.

Fauldhouse Faces

Carrying out the important and necessary road safety duties in the village are the 'Lollypop People'. In all weather they are expected to turn out to man their posts to ensure the safety of our children. Having spoken to them recently, Flora Greenhorn Broughton thought it was time to give them a bit of recognition for their services.

The first 'Duty Areas' visited were at Fallahill School and corner of Harthill Road and Main Street.



Carol Bennett has been carrying out 'Lollypop' Duties for nearly six years. Her patrol station is at Fallahill School (Harthill Road). Carol who comes from Blackridge has lived in Fauldhouse for 30 years and spoke to Flora about her job.

I am not at retirement age yet and this is my part-time job. This is a good job but unfortunately this station has problems with parking. People actually park their cars right on the specially designated 'keep clear' areas. Although I ask them to move on they flatly refuse and I get streams of abuse almost every day. Some of it has been really vile and this is upsetting. I am not very tall therefore can't see over the cars. This means that I just simply can't get a clear view of where the children are. I don't know what else I can do to solve the problem.

That's not good at all. What are the good points about the job?

Well as my daughter attended this school for a few years I know the teachers and pupils very well which is really good for a bit of a cheery chit chat. I love my job, especially in good weather.

David Neil from Longridge is on duty at the corner of Harthill Road and Main Street (just down from Fallahill School and Carol's station).



How long have you been a Lollypop man David?

Well I just started in January last year. I was a council worker for 16 years in the Community Transport section and this is a huge change for me.

Any problems here?

Just the usual parking problems. I think Carol gets much more abuse than I do. People just do not understand that where the traffic is concerned at our stations we have the same rights to stop the traffic as policemen have. Just recently motorists have been driving straight past me when I am in the middle of the road ready to escort children across. I have reported it to my Supervisor.

That is a serious matter. Apart from this you seem to enjoy the job.

I really do and the hours suit me. It is usually 8 'til 9 in the morning, 12 'til 1 at lunch time and then 3 'til around 3.40 for the last shift in the afternoon.



Cathie Aldridge is on daily patrol at the 'doctors corner' (opposite Coral the Bookmakers). A Fauldhouse 'Bairn', Cathie lives in Greenwell, has a grown up family and four great grandchildren. When Flora spoke with Cathie, she proudly intimated that she had been a 'Lollypopper' for over 25 years.

Congratulations! You must really enjoy your work to continue for so long. Is there anything about the job you do not like?

Bad winters and rude drivers! When we have a lot of snow the council workmen only clear the middle of the footpath. They don't clear the bit in front of my stance, where I have to walk out on to the road. To save sinking into two feet of snow I usually have to get a shovel and clear it for myself. Also, drivers turning the corner from the right, object to stopping for the children. I get so much abuse from them.

What did you do before this patrol job?

I worked in British Leyland at Bathgate in the Tractor Block. Apart from bad snow and ice, I enjoy my job and enjoy the banter from the passers by.



Jock Arthur from Armadale is known as a 'spare' Lollypop person. When Cathie was on

holiday he took over her stance for her.

When you say you are a 'spare' what do you mean?

Well I am moved around the different duty stations. When someone is ill or on holiday I take over their position. I have covered Bathgate, Whitburn, East Whitburn, etc and of course Fauldhouse.

How long have you been covering the stations?

About one year now. Previously I worked in Halls Factory for 13 years.

Any problems?

Just the usual parking ones. The worst duty station I helped at was the one where Carol

cont.

Bennet works. Up at Fallahill School the abuse from drivers is something awful. I don't think people appreciate we are trying to safeguard their children. It is still a good job.



Betty Meek moved to Fauldhouse in 1964. Betty does her turn of duty at St. Johns School.

Her position is on the corner of Lanrigg Ave and Lanrigg Road which she has been covering for over five years.

Are your working hours the same as the other Lollypoppers?

Yes, very similar. My morning shift is from 8.15 to 9 and last shift is 3 'til 3.45 in the afternoon.

There seems to be parking problems at the other end of the village. Have you experienced any here?

Oh yes. The problem is really quite serious. I have to control traffic on two roads. Coming to and from from Lanrigg Avenue and moving in both directions along the main Lanrigg Road (Main Street). People even park cars right on the crossing on the main road. I believe the situation was brought to the attention of Angela Constance and new parking restriction markings have been painted in relevant places.

What do you think of the changes happening in Fauldhouse?

Well although I do like the Partnership Centre, I still miss the original small local shops. It was great being able to pop in and out and catch up with local news. However, I suppose this is all to do with progress.

Note: Recently Betty has been unable to carry out her duties due to medical problems. We wish her a speedy recovery. During Betty's absence David Bennett (Carol's husband) has been acting as a

temporary lollypopper. Unfortunately during his first two weeks on duty there was a near accident involving a school child which gave him quite a shock. David says he enjoys the job but parking is a real bugbear.



Helen Lee (originally from Lanark) has lived in Fauldhouse for 35 years. Helen carries out her Lollypop duties at Earls Place on Sheephousehill.

I have been doing 'Lollypopping' for nearly 17 years and I enjoy it. Previously I worked on the twilight shift at Marshalls Chicken Factory at Newbridge (now Ross Breeders). I have no real complaints about my

duty station and luckily have no parking problems to contend with. I really just love the job.



Outside Mohammad and Shaida's Store on the corner of Quarry Road and Sheephousehill is Andrea Webster's Station. Andrea originally from Bathgate, has lived in Fauldhouse for 18 years and been a 'Lollypopper' for about five of those.

In conversation with Flora, Andrea said "I like my job. I have two boys at St John's School therefore this job

suits school hours and school holidays.

Do you experience any problems?

Well quite a few drivers get impatient and don't allow enough time for me to escort children across the road. I've become accustomed to the cold now therefore wintertime doesn't bother me too much. Anyway, I get supplied with lovely hot tea by Mohammed or Shaida.

When I get home I really enjoy doing housework and for relaxation I watch a variety of television programmes.



Last but by no means least we cannot talk of our Lollypoppers without a special mention of Margaret Gaskin of Quarry Road. Those with long memories might remember her dad 'Dougie' Graham who used to be the local Post Man and before that a Baker in the Co-op Bakery at Sheephousehill. When Margaret retired about two years ago she had given 25 years service as a 'Lollypopper'.

Margaret's first duty station was at the 'Doctors Corner' (opposite Coral the Bookmakers). After that her position was at the corner opposite the Heatherbell Pub watching out for the Fallahill pupils.

Chatting with Flora, Margaret admitted "I loved the job but it was hard going. You needed eyes in the back of your head because traffic came along Main Street and also Harthill Road."

Can you share any outstanding memories with us ?

Well winters can often be bad here, but the worst one I remember was in 2010. The snow was so deep the schools were closed for a week! Also we used to have white coats to wear in the summer and I didn't like mine one little bit. Now yellow coats are provided.

Now that you have a bit more time to spare Margaret, do you have any special hobbies?

I read loads of books, mainly family saga types. I like a game of Bingo and watch lots of the soaps on television. My dog is getting on a bit, he's 14 now and really not too well. Much of my time is taken up looking after him, making sure he is comfortable in his old age.

Thank you Margaret, on behalf of our readers, for your long service to the Community.

The Fauldhouse Footers

leave from The Hub every Thursday from 10am. Walks around the village are moderate and suit most abilities. There are around seven to ten walkers attending normally. Newcomers to the group always welcome.

Blackburn, Seafield & District Credit Union

are at The Hub every Friday from 12noon – 2pm.

- **Free Internet Access**
- **Meeting Rooms** available for community groups & board meetings

Do you have an upcoming event?

If you would like your event to be mentioned in the next newsletter, email lesley@fauldhouse.org.uk or call 01501 773 699.

Useful contacts

West Calder Police Station:
01506 871 218

Crimestoppers: 0800 111 555

Need the Police? Dial 101 if it isn't 999. 101 makes it quicker and easier when you don't need an emergency response

Safety Advice from the Fire Brigade: 0800 169 0320

Partnership Centre:
01501 773 000

West Lothian Council:
01506 280 000

Breich Valley Information Service: 01501 770 276

Doctors' Surgeries:
Dr Jones:

01501 773 045

Breich Valley Practice:
01501 773 020

Community Health Reception:
01505 773 046

Dentist:
01501 773 032

Fauldhouse Gala Day Fun



What a fantastic day for this year's Fauldhouse Gala Day on Saturday 8 June. Blue skies!

Photocopying

Photocopier and laminator available. We can laminate and copy full colour up to A3.

A4 b/w copies 5p/copy

A3 b/w copies 10p/copy

A4 colour copies 10p/copy

A3 colour copies 20p/copy.



Join the Fauldhouse Community Development Trust

Membership of the Fauldhouse Community Development Trust costs £1 (life membership). For that you can show your commitment to helping us deliver positive, sustainable improvements to our village. Whether your commitment extends to being simply a paid up supporter of the organisation or you want to get more involved in our activities, your membership is very important to us. Please complete the form and join up today.

I wish to join the Fauldhouse Community Development Trust and enclose my £1 membership fee.

Name: _____

Email: _____

Address: _____

Would you be interested in becoming a volunteer with the Fauldhouse Community Development Trust?

Yes/No

Postcode: _____

Would you be happy for us to contact you about any up and coming events?

Yes/No

Tel: _____