



# Eastfield News

Quarterly updates from the team at Eastfield Development Centre

Issue one  
March 2021

## Welcome

We would like to welcome you to the first edition of the Eastfield News. This will be a quarterly newsletter keeping you informed on what is happening at the Eastfield Development Centre (EDC).



Eastfield Development Centre

The Eastfield Development Centre located on Eastfield Road has been leased by Fauldhouse and Breich Valley Community Development Trust from West Lothian Council since May 2017. This came about after several local groups and people approached the Trust about bringing the building back into use after it had fallen into disrepair.

F&BV CDT is in the process of purchasing the building from West Lothian Council for £1 to allow this building to continue providing projects and activities that will benefit local people.

As a local charity we rely on local fundraising and grant funding to deliver our projects. All the money generated at EDC is invested back into the building and to help run the activities based there.

## Easter at Eastfield

### Raffle

We are running an adult and children's raffle. It is £1 a strip with 6 prizes drawn on 31st March. Tickets can be purchased from EDC on Thursdays and Fridays or from Ilona Gordon.

### Children's Easter Colouring Competition

The competition is for four age groups with 1st, 2nd and 3rd prize in each age group (0-4, 5-8, 9-12 and teens). Children can either draw their own picture or colour one in that we can provide. When they hand it back in for judging, Thursdays and Fridays only (name, age and phone number on back) they will get an Easter treat bag! Competition winners also announced on the 31st March. Prizes are Easter eggs of various sizes.



Prize age group 0-4



Prize age group 5-8

**Eastfield Development Centre**  
2 Eastfield Road, Fauldhouse, EH47 9LE

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Email: [eastfield@fauldhouse.org.uk](mailto:eastfield@fauldhouse.org.uk)  
[www.fauldhouse.org.uk](http://www.fauldhouse.org.uk)  
Facebook: @eastfieldcentre



# Food Larder

Here at the Eastfield Development Centre we wanted to give you an update on how our Food Project is going.



Example food pack

Our Community Larder and delivery service has been running now for four months and so far we have redirected over 10 TONNES of food within the community which is over 610 food packs! This is the equivalent weight of 10 x 1979 VW Beetle cars! BEEP BEEP

## 10 tonnes of food = 10 x weight of a VW Beetle!

As of February we have moved forward with a new membership scheme. For only £5 this will give you access to the Larder and deliveries if needed until the end of July 2021. If you need help with food and haven't already signed up then pop down to the Eastfield Development Centre on Thursdays or Fridays to get your application form.

The Larder is open Fridays 12 till 2pm. It is £1 on entry with a membership and you can fill two bags with ambient and fresh items. Deliveries at present are once a week for those who need an emergency pack or are unable to get to the Larder. The charge for this is £3 per delivery.

We would like to thank our partners in this venture, The West Lothian Food Network, WLFIN, The Fauldhouse Food Group, Tesco Linthithgow Fareshare, Lidl Whitburn Neighbourly, Paul's Parcels and Greggs Livingston Foundation who along with the community donate products to us and we would be unable to support our community who need it without them.

## Volunteers

We would like to say a big thank you to everyone who has been volunteering to ensure the smooth running of the Larder and deliveries of Sunday dinners and food packs.

We are always looking for new volunteers at the Eastfield Development Centre and have a wide range of volunteering opportunities available such as:

- Supporting our community food projects
- Fundraising
- Helping to organise events
- General Maintenance of the building

If you would like more information, please feel free to get in touch.

Tel: 01501 229 645 or email: [eastfield@fauldhouse.org.uk](mailto:eastfield@fauldhouse.org.uk)



Some of the Eastfield Development Centre volunteers - Angela, Ilona and Denise (left to right)

# Help and Support Available



Since September, The Sunday Dinner Lady has supplied 80 meals to families in Fauldhouse. The Sunday Dinner Lady continues to support Fauldhouse with five meals each week nominated and organised by EDC, and delivered by our own Timebank members to those needing help every Friday.

Each meal is packed with a fresh chicken, veg and ambient items to ensure a fantastic family meal!

## Kids Clothes

Kids Love Clothes helps supply good quality preloved clothes for children up to the age of 12 years for families who need help. Sharon from EDC has and can refer families who need this service.



River Kids Charity in Livingston/Broxburn have helped families in Fauldhouse greatly over Christmas with the Christmas Toy appeal and more recently with quality preloved clothes.

Going forward this partnership can help with birthday boxes and many baby and child nursery items, so please get in touch with Sharon if you need help with any of this.



Quality clothes from River Kids



Jack from River Kids



Kidzeco in Bathgate and Livingston have a KidzStart project aimed at helping new mums and mums to be with a starter pack full of clothes and essential items for their baby, Sharon can refer anyone who needs help financially for this.

They also offer classes and lots of interaction online for families with under 5-year-olds as well as their high-quality preloved clothes and baby goods shops, where you can buy baby and children's items for a fraction of the retail price.



The Bridge Project seeks to help with any wellbeing and financial problems you are facing or needing help with. They are based in Livingston but are happy to come out to Fauldhouse or chat over the phone/email if you are needing advice.

If you require support with any of the above, are looking for advice or to be referred to any of these organisations, please contact Sharon at Eastfield Development Centre.

Tel: 01501 229 645/07950 584 921

Email: [sharon.frederiksen@fauldhouse.org.uk](mailto:sharon.frederiksen@fauldhouse.org.uk) or [eastfield@fauldhouse.org.uk](mailto:eastfield@fauldhouse.org.uk)

Message on Facebook: @eastfieldcentre

# Space Available

The Eastfield Development Centre is a multi-purpose building with spaces available to hire for your event or activity.

The building contains a 207m<sup>2</sup> hall, small kitchen and changing rooms with seven showers. If you are interested in using the space when restrictions allow and would like more information, please feel free to contact us.



Eastfield Development Centre hall



Eastfield Development Centre kitchen and hall (photos pre Covid)

## Future Activities

It has been a very difficult time for all of us. No one expected that we would have to spend the majority of the year in our houses.

Hopefully the next few months will bring brighter days ahead and we hope that we will be able to run many more activities at the Eastfield Development Centre.

Depending on restrictions we are hoping to run the following in the next few months:

- Baby and Toddler Groups
- Activities for Young People
- Employability Skills Sessions
- Football
- Craft Fairs and other community events

If there are any events or activities that you would like to see run from the EDC, please feel free to contact us by email at [eastfield@fauldhouse.org.uk](mailto:eastfield@fauldhouse.org.uk) or by calling 01501 229 645.

## Thank you

As a charity we are always relying on community fundraising and grant funding to allow us to deliver our work. We would like to take the opportunity to thank everyone in the community who has made a donation in the last few months. We would also like to specifically thank West Lothian Voluntary Sector Gateway's Response, Recovery and Resilience Fund, West Lothian Council's Third Sector Support Fund and the Rotary Club of Whitburn for their support.

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