

Fauldhouse and Breich Valley Community Development Trust

# Annual Report

2021/22



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Children from the EDC Mini Youth Club





# **Key objectives**

- Address the social, economic, environmental, physical needs, issues, concerns and aspirations of our communities (Fauldhouse and the Breich Valley).
- Relieve poverty, in particular fuel poverty and food insecurity, among the communities of Fauldhouse and the Breich Valley.
- Advance education and, in particular, to promote opportunities for learning and skills development.
- Promote training with reference to skills which will assist the participants in obtaining paid employment.
- Promote and protect the wellbeing, recreation and physical health of our communities and to assist in the relief of ill health and in the provision of health education.
- Promote, establish, operate and support other schemes and projects of a charitable nature for the benefit of the community in Fauldhouse.

A copy of our Memorandum and Articles of Association which outlines our full aims and objectives is available from The Hub and our website www.fauldhouse.org.uk



# The team

# F&BV CDT Directors/Trustees

Robert Russell *(Chairperson)* David Huddlestone *(Treasurer)* David Bain *(Secretary)* Joanna Bain Alan Bellshaw Graham Broughton Sharleen Charlton Flora Greenhorn Broughton

# F&BV CDT employees

#### The Hub

Julie Smith, F&BV CDT Chief Executive Officer Karen Jamieson, Office Manager Lesley Dunsmore, Communications and Events Coordinator Mary Kane, The Hub Cleaner

#### **Eastfield Development Centre**

Paul Renwick, *Eastfield Development Centre Manager* Sharon Frederiksen, *Anti Poverty and Community Capacity Building Worker (left F&BV CDT Sept 2022)* Sally Lamont, *Development Worker* Alex Blackley, *Assistant Development Worker (Sessional)* Fiona Bell, *Eastfield Development Centre Cleaner* 

#### Support

Gerry Brannigan, CBITS, IT Support

#### Accountant

Wallace White Accountants 2nd Floor 22-24 Blythswood Square Glasgow G2 4BG

#### **Bankers**

The Royal Bank of Scotland



# **Chairperson's report**

# For the year ended 31 December 2022

Fauldhouse Community Development Trust's sixteenth full year of operation has been another very busy one.



We have now been in our offices in The Hub, 10 Main Street for eleven years. These have been very busy years as we have further developed the Trust and its role within the communities.

The Key Objectives of the Trust remain the same (see page 3)

Fauldhouse and Breich Valley Community Development Trust would like to extend our thanks to the bodies, businesses and organisations who have provided vital funding to support our projects, events and activities.

Funders include Tormywheel Windfarm, West Lothian Development Trust, West Lothian Council, DTAS, Foundation Scotland and Voluntary Sector Gateway West Lothian among others.

The Trust would also like to extend its thanks to all the people of Fauldhouse and the Breich Valley, and to all of our hard-working volunteers and fundraisers who support the activities of the Trust.

We look forward to the coming year, lots of good projects and initiatives are in the planning, so please keep an eye on our quarterly newsletter 'Fauldhouse and Breich Valley Together', our website (www.fauldhouse.org.uk) and our social media pages (@fauldhousecdt) for regular updates.

Robert Russell Chairperson F&BV CDT



The Hub, 10 Main Street

Eastfield Development Centre, 2 Eastfield Road



# **Structure, Governance and Management**

# **Governing document**

The Fauldhouse and Breich Valley Community Development Trust (The Trust) is a Company Limited by Guarantee and was incorporated on 21 December 2006. The Trust was founded by members of the community of Fauldhouse following meetings at which local community groups were invited to attend and nominate individuals to serve as Trustees. The Trust currently has over 360 members all either living or working within the catchment area the Trust serves. The Trust has Memorandum and Articles of Association that were subject to minor amendment to meet the requirements of OSCR, to achieve Scottish Charitable Status.

The principal activity of the company is to involve our local people and groups in achieving the objectives of the Trust as stated on page three.

### **Appointment of Directors**

The board comprises a maximum of 15 Directors, of whom no more than 13 may be elected Directors and no more than two may be co-opted Directors. The Board of Directors is the governing body of the Company and is responsible for monitoring overall governance.

Currently, there are working groups reporting to the Board. These are:

- · Events Subgroup: To guide and assist staff in the organisation of community events
- Environment Subgroup: To guide and assist in the organisation of Community Projects and Environmental Events.
- Newsletter Group: Newsletter delivered to every household in Fauldhouse and the Breich Valley. Also, developing the newsletter as a social enterprise initiative.
- Staffing Group: Recruit, train & support The Hub/EDC staff & volunteers

The Directors, who are Trustees for the purpose of charity law, who served during the year and up to the date of this report, are set out on page four.

### Induction and training of Directors

# The Directors have a wide range of life and professional experience that they make available to the Trust as appropriate.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role and are informed of training opportunities from a number of sources such as Development Trust Association Scotland, West Lothian Council, Voluntary Action West Lothian, Social Enterprise Network and Business Gateway.



# **Organisational structures and decision-making**

The Board of Directors is the sole executive committee of the Trust and is responsible for decisions regarding strategic direction.

The Board meets regularly, a minimum of four times per annum. Working groups (Subgroups) are established to progress specific pieces of work and they each report back to the Board.

#### **Risk management**

The Board considers all risk management Health and Safety, Policies and Procedures, governs the Trust and its activities. The board also ensures that all necessary insurances are in place in relation to the activities, assets, liabilities and requirements of the Trust.

Relevant advice is sought during the planning of all future activities and projects.

#### **Objectives and activities**

The Fauldhouse and Breich Valley Community Development Trust is guided by its Memorandum and Articles of Association.



Children from Fallahill Nursery visiting The Hub with food donations they had collected

Just a few of our army of volunteers who delivered the Christmas Hampers and toys



# **Achievements and performance**

# Key planned activities of the Trust for 2022

#### The key planned activities of the Trust for 2022 were to:

- Retain a full-time Project Management team and Development Worker team.
- Retain a full-time Office Manager (Administration and Finance support).
- Retain cleaning staff (to form our core staff team).
- Increase footfall and further develop The Hub programme.
- Increase footfall, develop the EDC Programme and progress the asset transfer process.

The Trust was pleased to announce the completion of the purchase of the Eastfield Development Centre from West Lothian Council for £1.

The Community Hub and Eastfield Development Centre are the base for current and future projects and activities. As well as providing better access to services and more locally based activities for local people.

The Trust has also begun to operate successfully as a Social Enterprise and will continue to work towards becoming self-sustaining over the next five years.

#### **Community Events**

In 2022 we organised the events listed below:

- A 'Springtime Event'
- The Remembrance Day Sunday Service at the War Memorial, which again was very well attended and is a regular fixture in the village
- Christmas Fair and village Christmas tree
- · Children's parties and fundraising events
- · Christmas Hamper Appeal, Christmas Meal and Toy Appeal
- EDC Craft Fair
- Summer of Fun.

#### Catalysing other projects in Fauldhouse and the Breich Valley

F&BV CDT aims to work in partnership with other agencies to address poverty and inequality, isolation and loneliness and much more. The Trust wants to help to improve community services and resources for local people, to address the social, economic, environmental needs, issues, concerns and aspirations of our communities.



# **Project updates**

The Hub



#### It's been 11 years since FCDT, (now F&BV CDT) opened the doors of The Hub, 10 Main Street, Fauldhouse and the local communities in the Breich Vally.

The Hub, in the heart of the village of Fauldhouse has housed a variety of projects, events, clubs and groups. Offices have been rented out to other

organisations over the years since opening. It has been the base for staff, volunteers and trainees to work in and a place for the volunteer Directors to meet. The bench outside has been the resting place for the Fauldhouse community, young and old and next to the front door houses one of the local life saving defibrillators.

# Community groups/organisations using The Hub

#### **The Fauldhouse Footers**

The Fauldhouse Footers are a walking group that usually meet in The Hub weekly to start their **health walks**. The group meet on Thursday mornings to take part in gentle to moderate walks to suit most abilities.

#### Take a Break Craft Group

This craft group meets in The Hub's Benhar Room once a week on a Wednesday afternoon. This well established group take part in a **range of arts and crafts activities** of their choosing.

#### Blackburn, Seafield and District Credit Union

The **Credit Union provide their service** (savings and loans) at The Hub on the ground floor every Friday from 12–1pm.

#### **The Bridge Project**

On the last Friday of the month, The Bridge Project hold a drop-in service at The Hub's Fallas Room, providing **money advice and support**.

#### **Neil's Hugs Foundation**

Every Monday morning, Neil's Hugs are at The Hub. Neil's Hugs Foundation are a support group for people and families who have lost someone to suicide and need a safe place for support. They provide **free mental health advice and support**, especially to those with suicidal thoughts and to people who have lost a loved one to suicide.

#### Fauldhouse Art Group

This group meet weekly in Benhar Room on a Monday afternoon to **paint and sketch**. Members are encouraged and mentored by local artist, Sally Lamont. They were also part of the Mining Tribute consultation, working with artists Ailsa Magnus and Billy Caulfield.

#### **Stronger Together Group**

This group of women meet every fortnight for a chat and support each other.

#### **Sewing with Sandra**

This **sewing group** meets in The Hub's Benhar Room every Wednesday morning led by experienced seamstress and Fauldhouse local, Sandra Paton.

#### Inclusion & Wellbeing Service (Skills Centre)

The Skills Centre have been tidying up the village planter, producing hanging baskets for Main Street, planting the Fauldhouse War Memorial planters plus more.



# **Referrals and signposting**

People have been signposted to F&BV CDT and been referred to us from many different sources, including self-referrals and from partner organisations.

F&BV CDT have also been signposting the community to the appropriate local organisations for support such as The Citizen's Advice, Neil's Hugs, The Bridge Community Project, Kidzeco, Kids Love Clothes and River Kids.

# **Defibrillator at The Hub**

The Hub houses a defibrillator installed on the front of the building. This is accessible at The Hub's central location at all times. The access code is C1267 or call an ambulance on 999 for this code.

# Fauldhouse village Christmas tree

F&BV CDT provided the village Christmas tree and tree lights for a tenth year in December 2022. West Lothian Council erected the tree and lights in early December on behalf of F&BV CDT.

The Trust has committed to raising funds, with the support of the local community, to provide the Christmas tree and tree lights annually.

# **Tormywheel Wind Farm Community Fund and Small Grants Scheme**

# TORMYWHEEL WIND FARM

F&BV CDT receives funding directly from Tormywheel Wind Farm annually. These funds cover some of the Trust's vital running costs and enables us to provide a wide range of local services, groups, projects and initiatives. The funds also contribute towards the running costs, such as utilities, maintenance and repairs.

F&BV CDT manages, administers and distributes, on behalf of REG Power, £10,000 in Community Benefit Funds each year as part of F&BV CDT's Small Grants Programme. This fund is usually available later in the year but we were given permission to bring it forward due to the exceptional circumstances.

Constituted community groups and organisations, with their own bank accounts, operating within 10km of the Tormywheel Windfarm Development, could apply for funds between £250 and £2,000. The funds are easy to access, and they could provide much needed support for local groups and projects in this current crisis.

# **Sub Groups**

F&BV CDT's Sub Groups work with staff to ensure activities and events take place throughout the year.

- The Events Sub Group is chaired by the Communications Coordinator, Lesley Dunsmore. The Group usually works on F&BV CDT's Annual Fair Day, Septemberfest and the Remembrance Sunday Service among others.
- The Newsletter Sub Group, which works to produce the quarterly newsletter, is also chaired by the Communications Coordinator.
- There is a Hub, Finance and Staffing Sub Group chaired by an F&BV CDT Trustee which works to develop income generation targets, sets pricing for room rentals and discusses staffing needs and much more.
- The most recent Sub Group is the Eastfield Steering Group, chaired by the Eastfield Development Centre Manager, Paul Renwick.



# **Community events**



### F&BV CDT's Family Annual Fair Day

#### This year's Annual Fair Day was the first for a couple of years and was held at Eastfield Development Centre (indoors and out).

Over 30 organisations were involved in the free family fun day and either had stalls at the event or were part of the free activities organised by F&BV CDT. Approx 400 members of the community came along to our event.

The stalls were run by local crafts people, local community groups and local small business. Activities included a music tent from the Purple Orange, plus mini games, face painting, walkabout magic, circus workshops, bouncy castles, a mechanical rodeo bull, mini golf and more. The fire brigade and the local community police attended and the children were delighted to be able to try out their vehicle and some of the fire fighter's equipment.

Snacks and refreshments were available with raffles and tombolas at a small cost.

#### The Remembrance Sunday Service

The Remembrance Service is an annual service held at the Fauldhouse War Memorial on Remembrance Sunday. This inter-denominational service is held to honour those who gave their lives in the two World Wars and in more recent conflicts.

The service was organised, on behalf of F&BV CDT, by local ex military volunteer Craig Laird and F&BV CDT Chairperson, Robert Russell supported by F&BV CDT's Communications Coordinator, Lesley Dunsmore.

### Communications

#### **Quarterly newsletter**

# F&BV CDT's newsletter 'Fauldhouse Together' has developed over the years and has more than doubled in size since its inception.

The newsletter now covers the Breich Valley villages in addition to Fauldhouse and is now called 'Fauldhouse and Breich Valley Together' and includes news, events and developments at The Hub and Eastfield Development Centre.

Written and produced by Communications Coordinator, Lesley Dunsmore, the publication has input from staff, the local community and community representatives from Longridge, Breich, Addiewell and Loganlea, Stoneyburn and Bents.

Delivered quarterly to every household in Fauldhouse and the Breich Valley villages, the newsletter highlights local good news stories, provides information on events, services and resources available within the communities. Much of the information is available on social media, but not everyone has access or is able to use or afford a computer/smart phone.

The newsletter has also been expanded hoping to attract further advertising from local businesses and helping to generate income to cover the costs of production.



#### **Social Media**

F&BV CDT's website has been further developed this year by our Communications Coordinator. In addition to information about the Trust and support it can provide, vital support information about other organisations.

F&BV CDT's Facebook page is now well established with well over 1800 'likes'. It has now become one of the main ways that we let the community know of our upcoming activities and news of our ongoing groups.

# **Cycling Without Age Fauldhouse**

#### The trishaw is now housed behind The Hub building in a purpose built secure area.

Confidence has gradually returned following the pandemic, bearing in mind that trishaw passengers are often from vulnerable groups. We have had rides going from Bield, Crofthead Care Home and the local community only when the weather has permitted.



The Trishaw has been serviced and more volunteer pilots have been trained and we continue to train others.

F&BV CDT are planning to take make more use of the Trishaw and pilots looking to the future to enable more socially isolated individuals to 'feel the wind in their hair'.

### **Fauldhouse Mining Tribute**

This year, Fauldhouse unveiled its new and long awaited Mining Tribute in the centre of the village to celebrate the community's long mining history. The project was led by F&BV CDT and supported by West Lothian Council.

The design process for the Fauldhouse Mining Tribute was started in 2019. Unfortunately, progress was delayed several times due to Covid restrictions.

The completed sculpture, in consultation with the local community, was conceived by public artists; sculptor Ailsa Magnus and drawn by artist Billy Caulfield. It is a fitting tribute to the miners and all those from the community who worked in the mining industry. The tribute is made of corten steel, requiring no annual maintenance and will only improve with age.



The launch of the Fauldhouse Mining Tribute



# The Hub office rentals

The Hub has been able to rent out two of its upstairs offices to tenants again this year. The Hub are pleased that social enterprise, consultants Unity Consulting Scotland and softwear and app designers Infinite Kind currently rent two of the upstairs offices.

The Hub has another office available for rent and there are plans to fill that in the coming months.

# **Eastfield Development Centre**

# Eastfield Particular Development Centre

This year, we were pleased to announce the completion of the purchase of the Eastfield Development Centre from West Lothian Council for £1.

This purchase brought to an end a long process going back to 2013 when several local groups approached the Trust about

bringing the Eastfield Development Centre back into use after it was deemed surplus to requirements by West Lothian Council.

Following positive discussions the Trust initially leased the building from West Lothian Council in 2017. This allowed the opportunity to make the urgent repairs required to the building and re-start a programme of activities for the community. If this was successful the plan was that full ownership would transfer to the Trust at the conclusion of the initial three year lease under the Community Empowerment Act legislation.

However, the unexpected arrival of COVID19 coupled with some complex legal matters meant that the purchase took much longer to complete than anticipated.

We would like to thank West Lothian Council for their support throughout this long process. Though most importantly we would like to thank the community for all their patience and support. This purchase would not have been possible without the community supporting our events and activities at the Centre.

As a local charity the trust relies on local fundraising and grant funding to deliver our projects. All the money generated at EDC is invested back into the building and to help run the activities based there.

# F&BV CDT at EDC

#### **Eastfield Tots**

A baby and toddler group (0-5yrs) on Wednesday mornings from 10.30am-12pm

#### **Arts and Crafts Classes**

Art and Crafts Classes on Fridays for P1-P3 from 2.30-4pm and for P4+ from 4.30-6pm

#### **Youth Clubs**

Clubs are on Tuesdays. A Mini Youth Club for P1-P4 is at 4.30-5.30pm and P4+ at 6-7.30pm

#### **Eastfield Community Larder**

A Community Larder operating on a Friday from 12-1.30pm to help those struggling with food



# Community groups/organisations using EDC

#### **Men's Circuit Training**

A Fauldhouse Men's Fitness Group who use the hall for training on Monday and Thursday evenings

#### Yoga

A yoga class who use the EDC hall on Wednesday evenings

#### **The Bridge Community Project**

The Bridge Community Project provide **support and advice with wellbeing and those struggling financially**. They attend once/month at EDC during the Community Larder to provide advice and support and have also held their extremely popular cooking demonstrations.

### **Food Project**

F&BV CDT's Anti-Poverty Development Worker, Sharon Frederiksen, based at EDC, initially continued the work of the Food Project, implemented (during lockdown) by F&BV CDT and local volunteers.

In 2022, the Anti-Poverty Development Worker with a group of volunteers provide a **Community Larder** in EDC, Fauldhouse, open on Fridays from 11am-12.30pm.

During the year The Eastfield Community Larder **received** help from partners: Lidl, Greggs, West Lothian Food Network, West Lothian Financial Inclusion Network and Sodexo. Thanks also to the Rotary Club Whitburn, Premier Foods Fauldhouse, The Potato Guys, The Fauldhouse Car Wash and many community donations.

### Anti-poverty work

Due to the Food and Anti-poverty projects running out of the Eastfield Development Centre, F&BV CDT distributed the annual Christmas Hampers this year from EDC instead of The Hub.

- The team from The Hub and EDC pulled together and with the help of some of our volunteers, prepared hampers. In mid December these were delivered, including a voucher for the local butchers. 180 Christmas Hampers and also 60 lunches were distributed to families, pensioners and adults who may have been struggling financially and those socially isolated. The butchers vouchers were bought with generous donations from the local community.
- To ensure no child went without at Christmas, local children benefited from the kindness of Natalie Hazlett and Stuart Smith from Edinburgh who appealed on social media, friends and family to donate gifts. They collated, wrapped and donated 250 toys to give to children from families under financial pressure in Fauldhouse and the Breich Valley. F&BV CDT distributed those gifts with the help of an army of volunteers.

### **Community events**

- Spring competitions, raffles and chocolate egg donation swap.
- Summer of Fun week including a Family Fun Day
- Family and Wellbeing event
- Halloween parties (children aged 0-12 years)
- Christmas Hamper Appeal, Christmas Meal and Toy Appeal





# Inter-Denominational Remembrance Sunday Service

Fauldhouse War Memorial Bridge Street Sunday 13<sup>th</sup> November 2022, 1pm





# **Future developments**

# **Community Hub**

- To further enhance the programme of activities within The Hub
- To rent out available space within The Hub
- To develop the programme
- To secure funding and income for projects, activities and running costs

# **Eastfield Development Centre**

- Continue to develop the EDC programme
- Recruit and train staff as necessary for the development of the programme
- To secure funding and income for projects, activities and core costs
- Develop an Income Generation Strategy

### **Fuel Poverty**

 To locate and secure further funding to establish this service in F&BV CDT and/or to work in partnership with service providers

# **Training and Employment**

- To set up a range of services aimed at creating employment opportunities locally
- To create opportunities for further education, training and skills development
- To involve local voluntary organisations, local businesses and statutory organisations in developing our remit and aims for these types of project

### **Community Events**

· To build upon our existing successful calendar of six regular events per year

# **Benhar Ponds Project**

• To continue to work with partners to develop the Falahill forest and ponds for fishing, recreation and leisure pursuits

# **Trishaw and Cycle Project**

• Continue to develop the project within Fauldhouse and the Breich Valley

# **Fallahill Land**

· Consult the community on possible use of the site/derelict land



# Manager's summary

On the previous pages is a brief outline which highlights some of the work, activities and events organised by F&BV CDT's board of trustees, volunteers and staff.



As you can see 2021/22 has been a busy year and much has been achieved. F&BV CDT's Board of Directors, staff and volunteers have all worked very hard to make F&BV CDT a community led, community driven, and very successful Community Development Trust.

We also owe a huge thank you to our funders and partner organisations.

With this in mind, I would like to, on behalf of F&BV CDT, thank everyone for their commitment and support over the past 12 months. It has been an exceptionally difficult year for our communities but we are confident that 2022/23 will bring lots of positive outcomes.

If you would like to know more about F&BV CDT and the work that we do, or you have any issues or suggestions you would like to make, please do not hesitate to get in touch.

Frank

Julie Smith Chief Executive Officer







# **Statement of financial activities**

#### FAULDHOUSE AND BREICH VALLEY COMMUNITY DEVELOPMENT TRUST LTD. (A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES For the Year Ended 31 December 2022

		Unrestricted Funds	Restricted Funds General	Restricted Funds Capital Building	Total Funds 2022	Total Funds 2021
	Notes	£	£	£	£	£
Income and endowments from:						
Donations and legacies	2	53,029	24,508	0	77,537	87,313
Charitable activities	3	28,443	210,258	0	238,701	197,267
Other trading activities	4	8.533	0	0	8,533	3,911
Investments	5	343	0	0	343	23
Total Income		90,348	234,766	0	325,114	288,514
Expenditure on:						
Charitable activities	6	235,070	117,323	0	352,393	305,765
Total Expenditure		235,070	117,323	0	352,393	305,765
Net Income / (Expenditure)		(144,722)	117,443	0	(27,279)	(17,251)
Transfers between funds		117,443	(117,443)	0	0	0
Net movement in funds		(27,279)	0	0	(27,279)	(17,251)
Reconcillation of funds:						
Total funds brought forward		57,013	0	175,000	232,013	249,264
Total funds carried forward	14	29,734	0	175,000	204,734	232,013

The statement of financial activities includes all gains and losses recognised in year. All incoming resources and resources expended derive from continuing activities.



# Fauldhouse and Breich Valley Community Development Trust

The Hub 10 Main Street Fauldhouse EH47 9HX

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Like us on Facebook @fauldhousecdt

