

Fauldhouse and Breich Valley Together

F&BV CDT supporting local communities

Issue 55

Autumn/Winter 2023

A huge thank you to the Carers of Fauldhouse and the Breich Valley

The Fauldhouse and Breich Valley Community Development Trust invited the deserving, but often overlooked, Carers of Fauldhouse and the Breich Valley villages along to a meal in the Fauldhouse Miners Welfare on Thursday 28 September. As part of this thank you event, Julie Smith, The Hub Manager gave a short speech prior to lunch, each of the guests were served a three course meal and the Carers were presented with a beautiful bouquet of flowers and a £50 gift voucher, to allow them to treat themselves to something special.

46 people attended this happy afternoon which included 22 amazing local Carers, plus a guest or two of their choice. Fauldhouse Carers were joined by a group from Stoneyburn and Bents Future Vision Group and other Carers from Breich.

Feedback for the event was really positive. Elizabeth, one of the Carers who attended later wrote on our social media, "Thank you so much for the lovely meal, warm welcome and very kind flowers and gift. It is so appreciated. Your team of volunteers did a marvellous job, well done".



Photos: Steven Sharp

F&BV CDT are delighted that you all enjoyed yourselves and appreciated the afternoon event. We certainly loved having you as our guests and hope we can make this an annual event. The Trust will also use the information gathered from the event, from speaking with the carers who attended, to establish a range of groups and initiatives based at The Hub and at Eastfield Development Centre for Carers and their families.

If you have any suggestions or ideas please get in touch, we would love to hear from you!



Fauldhouse and Breich Valley Together is published by the Fauldhouse and Breich Valley Community Development Trust Ltd, 10 Main Street, Fauldhouse, West Lothian, EH47 9HX.

The F&BV CDT is a Registered Company: SC0313776 and a Registered Charity: SC038616.

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Ryder Cup - Greenburn Style

The popular event now into its 11th year was organised by Mhairi and David Goldie.

The Captains were, for Team USA - Robbie Blake and Team Europe - Alan McIntyre. The final score was Team Europe - 45 and Team USA - 35



Photos Albert Mancini

Community Connections success

Community Connections hold a drop-in at The Hub every Tuesday morning from 10am-12pm and have made an amazing 129 referrals since January 2023.



CC are health and social care hubs, supporting those with long term health conditions.

CC work in partnership with NHS and third sector organisations such as Parkinson's and Visibility Scotland.

Drop-ins are located throughout West Lothian and video calls are available to those who cannot attend

drop-ins. There's no need to book an appointment travel or search the internet with face-to-face access to support in the local community. Open to all WL residents over 16.

Support in Fauldhouse, for example, has included arranging patient transport to assist with a hospital appointment in Edinburgh, re-arranging vaccination appointments from Strathbrock to West Calder, helping people secure attendance allowance, blue badges, assisting with bank issues, social care packages and OT assessments.

The Trust are delighted to support the project. They provide a fantastic service within the local community and the Trust hopes to further develop our partnership work with Community Connections.



Trivia Quiz Night

In aid of Fauldhouse Children's Gala Day 2024
Greenburn Golf Club Lounge
Friday 10 November at 7-30pm
 Donation £3 per player.
 Raffle prizes made very welcome.
 Come along, have fun and show your support.

This Fauldhouse group are certainly Young at Heart!



Photo Albert Mancini

Young at Heart group enjoying a club night out with entertainment from James McCracken.

If you have any photos or information you would like included in our next issue of this newsletter, please contact Lesley Dunsmore on 01501 773 699, 07434 607 860 or email lesley.dunsmore@fauldhouse.org.uk

UPCOMING EVENTS 2024

FAULDHOUSE MINERS WELFARE

JAN 26 NEW JERSEY BOYS

JAN 28 ROBERT MCINTOSH

FEB 03 CHRIS MCCLURE


FEB 17 SOULTOWN USA

MAR 16 SPIDERS ON MARS

 Fauldhouse Miners Welfare


Gain new skills and confidence

Gina from the Adult Learning Team with West Lothian Council has been running a group on Tuesday mornings 10am-12pm at The Hub.



ADULT LEARNING GROUPS

Want to know more?
Scan here:



Initially working with one learner, the group is slowly expanding and achieving their goals. They have made links with a project working closely with The Larder and Youth Action Project. The group has no more than six learners and is in an informal setting. Some learners may have found school learning difficult but can now learn in a different environment.

Maybe you need the first steps to get back to work or maybe want to go to college and need qualifications. One learner succeeded in gaining qualifications and confidently now is working! He is experiencing a very different life and is enjoying his new gained skills being employed.

Anyone who is needing support with literacy and numeracy or wellbeing and wants to gain confidence can enrol through adultlearning@westlothian.gov.uk or call free on 0800 731 1831 or you can scan above. It's all about you!

Fauldhouse Remembrance Sunday Service 2023



Fauldhouse and Breich Valley Community Development Trust invite all members of the community, especially ex-service men and women, to join us at our...

Remembrance Sunday Service

Fauldhouse War Memorial
Bridge Street
Sunday 12th November 2023, 1pm

For more information please contact
Fauldhouse and Breich Valley Community Development Trust,
The Hub, 10 Main Street, Fauldhouse. Tel: 01501 773 699 or email: info@fauldhouse.org.uk
Registered Charity SC038616

F&BV CDT invite all members of the community, especially ex service men and women to join our annual Remembrance Sunday Service at Fauldhouse War Memorial, Bridge Street, Fauldhouse on Sunday 12 November 2023 at 1pm.

For more information please contact F&BV CDT, The Hub, 10 Main Street, Fauldhouse, tel: 01501 773 699 or email: info@fauldhouse.org.uk

Poppy Scotland Appeal

F&BV CDT are also the local organisers for Poppy Scotland Appeal and distribute the poppy boxes and tins to local shops around Fauldhouse and Longridge.



If you would prefer to make a donation the Poppy Scotland Appeal online, we also have a Fauldhouse link available for donations:-

secure.poppyscotland.org.uk/fauldhouse

What a beautiful day for F&BV CDT's Annual Fair Day!

We were so delighted that it was such a glorious day for F&BV CDT's Annual Fair Day on Saturday 2 September held at Eastfield Development Centre. Thanks to all those who attended and supported our event. The day was so much fun because you all came along!

Photos Lesley Dunsmore



A huge thank you go to all our participants involved who made the day so special including all the Fauldhouse stallholders, fundraisers, the Scottish Fire Service, Rascals Castles inflatables, magician Silvano, musicians Barry Thomas and Euan Black, a very busy hair braider and face painter. Thanks too to our trishaw pilots, F&BV CDT's brilliant volunteers, Directors and F&BV CDT staff, particularly Sally for creating the 'Celebrating Fauldhouse Talent' displays.

I'm sure you'll agree that we all successfully celebrated Fauldhouse!

Come into The Hub for a breakfast roll, hot drink and a chat

F&BV CDT offers a warm, sociable space at The Hub, 10 Main Street, Fauldhouse on Thursday mornings between 10am and 12pm. Everyone is welcome to pop in and have a free breakfast roll, a hot drink and a chat, plus an occasional quiz.



Come along if you're feeling fed up, looking for company, want to catch up with friends or if you want to make new friends?

You could also use this opportunity to chat with The Hub staff if you need any information or support. We are more than happy to help if we can, or at least point you in the right direction.

Just come in around 10am any Thursday morning. You'll be made to feel very welcome! For more information contact The Hub email: info@fauldhouse.org. uk or tel: 01501 773 699.

F&BV CDT dates for your diary

Poppy Scotland Appeal

23 October - 12 November 2023

F&BV CDT Remembrance Sunday Service

Sunday 12 November 2023
1pm

EDC Christmas Fair

Saturday 18 November 2023
11am – 2pm

Fauldhouse Christmas tree and lights

First week in December

EDC Tots Christmas Party

Wednesday 6 December 2023
10.30am – 12pm

EDC Christmas Parties

Saturday 9 December 2023
P1-P7
1:30 – 3:30pm and 4 – 5.30pm

F&BV CDT Christmas Appeal

For details, please see page 8 and 10. Referrals close Monday 27 November. Winter packs will be delivered on Thursday 7 and Friday 8 December 2023.

F&BV CDT Pensioners Afternoon Teas

Delivery Wednesday 13
December 2023

F&BV CDT festive dates

Groups to finish at The Hub and EDC on 1 December to allow the team to concentrate on Christmas Appeal and activities.

Both The Hub and Eastfield Development Centre will be closing on Friday 22 December 2023 and reopening on Monday 8 January 2024.

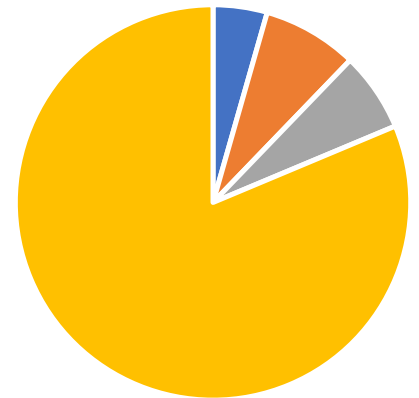
We're delighted to report that from January to September 2023...

Fauldhouse and Breich Valley Community Development Trust has:

- welcomed **4383 visitors** from the local communities through the doors of The Hub and Eastfield Development Centre to visit our groups or services,
- signposted **194 members of the Fauldhouse and Breich Valley communities** to partner organisations for benefits support and advice such as Community Connections (Advice Shop), Bridge Community Project, Citizen's Advice Bureau,
- provided **341 individuals and families in Fauldhouse and the Breich Valley with emergency food support** from the Eastfield Development Centre or The Hub,
- supported **284 individuals who were feeling lonely and isolated,**
- had **3564 people visit** either The Hub or Eastfield Development Centre for some other reason eg **group, activity, event** or similar
- **been supported by** Tesco, Arnold Clark, Scotmid, Greggs, Morrisons, Connells Fauldhouse, H2O Pressure Washers, West Lothian Food Network and West Lothian Financial Inclusion Network with emergency food,
- **welcomed partners** to The Hub and EDC providing support and advice, including Community Connections (Advice Shop), Bridge Community Project, Citizen's Advice Bureau, Social Security Scotland, WLC Adult Learning and Blackburn and Seafeld District Credit Union, CCC Project
- and **planned partnerships** to come to EDC and The Hub including Carers of West Lothian drop-ins and more.



Why have the local communities been coming to see us at F&BV CDT?



- Financial/Benefit Advice - Community Connections, CAB, The Bridge Community Project
- Emergency food
- Chat/loneliness and isolation
- Other

A huge thanks to:-



COMMUNITY CONNECTIONS



and The Advice Shop for their support and advice services in 2023 at The Hub and Eastfield Development Centre.



Eastfield Development Centre, 2 Eastfield Road, Fauldhouse, EH47 9LE tel: 01501 229 645

Celebrating Fauldhouse

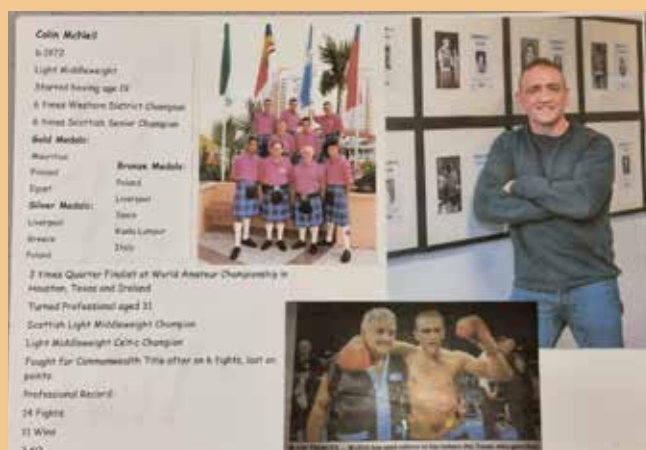
If you have been in to visit EDC recently you will have noticed our fantastic displays put together by our amazing staff member Sally Lamont with all the old photos of Fauldhouse.

In the main entrance area and in our hall we celebrate the many talented people from our village from the world of sport, music entertainment and much more.



scottishshale.co.uk/images/old-pictures-fauldhouse/

We are so proud of our community and want it to have a big part in Eastfield's plans, so much so, we plan to have a mural once we get the renovations. We hope to have as much input from the village as possible.



One of the displays - Colin McNeil, Fauldhouse. Middleweight boxing Champion

What are your views?

Our EDC Manager, Steven Sharp is now seven months in post and he is keen to hear from the community on what you would like to see at EDC.

Steven has a strong view of working together to take EDC to the next level and he would love to hear your suggestions.

Please feel free to email him your ideas and he will be more than happy to discuss the team's plans. Steven can be contacted on steven.sharp@fauldhouse.org.uk

Fauldhouse fundraising superstar

We were delighted to have local fundraising superstar Max McDougall take a stall at our Annual Fair raising money for Poppy Scotland.

It is fantastic to see the younger generation support and appreciate the sacrifices made.

Well done Max. Keep up the amazing work you do.



Another star!

A familiar face at Eastfield on a Friday morning is EDC volunteer, May Sim.

She has raised over a whopping £1600 so far this year for F&BV CDT with her quality second hand stall.

I'm sure we will agree that she has done some fantastic work.

Exciting times!

F&BV CDT are delighted that we have been awarded substantial funding from West Lothian Council Place Based Investment Programme (PBIP) 2023-24 that will see us redevelop Eastfield Development Centre.

We have big plans for 2024 and a redevelopment will help us do that. Plans include installing a full industrial kitchen, increasing meeting space and improving the thermal footprint within the building.

Work is estimated to start in January 2024 so keep an eye out for more information.

Friends of Eastfield Development Centre

We have started a new initiative at Eastfield to support our work and it has been extremely popular.



For £30/year you or your business can become part of what we do and become "in with the bricks" and have a brick on our new Friends of Eastfield Development Centre Wall. This is to bring the community together and also promote local businesses and groups. All funds will support our aims to make EDC bigger and better.

Thank you to everyone who has supported this so far and if you would like to join us. Contact the EDC Manager on steven.sharp@fauldhouse.org.uk

EDC hall hire

Did you know that our hall is available for hire for any event?

We can hold birthday parties, charity fundraisers, race nights, staff training and more. Bar licence available on request.

For more information email: eastfield@fauldhouse.org.uk



Hub Eastfield
Eastfield Development Centre
2 Eastfield Road, Fauldhouse, EH47 9LE
01501 229 645 eastfield@fauldhouse.org.uk

Eastfield Christmas Fair

Saturday
18th November 2023
11am - 2pm

FREE ENTRY
Refreshments available

For more information please call
01501 229 645

Eastfield Christmas plans 2023

EDC Christmas Fair

Saturday 18 November
11am – 2pm

Tots Christmas Party

Wednesday 6 December
10.30am – 12pm

Christmas Parties

Saturday 9 December
P1-P7
1:30 – 3:30pm and
4 – 5.30pm

Citizens Advice Bureau



We are delighted that CAB have extended their outreach within EDC.

They will now be in attendance at our drop in every Friday.

If you need any advice then feel free to pop in.

F&BV CDT's Annual Christmas Appeal

F&BV CDT is running its Annual Christmas Appeal 2023. This year in place of the Hampers of Food we will be distributing 'Christmas Packs'. The packs will contain a range of items that individuals and/or families will need over the Festive Period, including vouchers to purchase food and a Christmas Meal. We will also be running our Annual Toy Appeal 2023. (Please see page 10 for details of the Toy Appeal)

We want to **make sure that we deliver to those who really need our support. To do this we need your help!** We need you, the Community, to tell us if there is anyone you know, an individual, couple or family, who are struggling to make ends meet this Christmas.

We are only taking referrals from the Community or from a Health or Social Care Partner, we need to make sure we reach those who really need support. So if you know of anyone who would benefit from our support please use the form below to nominate them for our Christmas Pack and return to The Hub, 10 Main Street, Fauldhouse, EH47 9HX

We must receive nominations by 1pm on Monday 27 November 2023



Nomination form for F&BV CDT Christmas Pack 2023

I would like to nominate:-

Name _____

Address _____

Tel _____

Family (how many), couple or individual? _____

Why would you like to nominate this family, couple or individual?

Please return this form to The Hub, 10 Main Street, Fauldhouse, EH47 9HX by Monday 27 November 2023.

Stoneyburn and Bents update



Stoneyburn & Bents Future Vision Group SCIO
Learning, Growing & Working For Our Community
Scottish Charitable Incorporated Organisation SC046760



Scottish Book Week

13-19 November 2023

As part of Book Week Scotland 2023, on Friday the 17th November we are holding a mini book festival with a Fulshie Book Trail: a budding writers workshop with another visit from a very special local author, story time, bookbug visits, writing workshop, plus lots more! Check our Facebook page for further information.

Delivering Joy campaign

As part of our Festive offering, we have been given the opportunity to partner with Dunelm in Livingston, in helping spread some festive cheer to those in the local community requiring a little support.

If you would like to donate, please collect a gift tag in store at Dunelm in Livingston. If you know someone who would benefit from receiving a gift, please get in touch at laura.sbfvg@gmail.com.

Christmas in Stoneyburn and Bents

Christmas planning is well underway for the Group with more to come. Please check out our Facebook page and website for ticket information. Tickets are available now from www.sbfvg.com/events.



This year so far, we will be hosting our annual Village Santa Parade; our Christmas Disco for primary aged children; Beauty and the Beast Panto; Fulshie Films will be showing some festive films; our Amigo's and Young at Heart clubs have a very special visitor popping along too.

This year the Group has once again committed to providing a selection box to each child attending primary school and nursery – these will be distributed from both our schools. The Group have also donated funds to our village toddler group to provide a festive event.

Please contact Laura on laura.sbfvg@gmail.com for further information.

F&BV CDT vouchers donation

F&BV CDT were pleased to donate food vouchers for breakfasts at St Kentigern's Academy.

Photo supplied by St Kentigern's Academy



The Trust had been made aware that school funding can only offer children one free meal per day. Pupils often had to choose between breakfast or lunch so were going hungry at school. This was affecting the young persons ability to focus and concentrate on school work. It totally affected their mood and behaviour in class. Hearing this, the Trust provided food vouchers so the school could provide both meals for young people.

Now youngsters from the Fauldhouse and Breich Valley areas don't have to choose one meal to get them through their school day!

CCC Project

The Cashback Community Connections Project recently held part of their very successful Youth Summer Programme at The Hub.

The CCC Project and The Larder, providing training, are the lead with partners with West Lothian Youth Action Project, Project Scotland and the Trust Project West Lothian College. The initiative is for those young people, aged 10-24, who have either been in the Youth Justice system, at its periphery or have not engaged at school for 2-5 years and are therefore at risk of falling into the Youth Justice system.

The group of 12 young people at the Summer Programme were between 14 to 16 years and achieved incredibly positive results. Of the 12 young people, one has gone onto a further course, one into employment and the CCC funding has allowed the others to return to education at Kirkton House, working towards their Nat 4s.

F&BV CDT were pleased to support the CCC Project and we commend the team and young people for all their hard work and fantastic achievements.

Tormywheel Small Grants Fund now open!

TORMYWHEEL WIND FARM

F&BV CDT manages, administers, and distributes, £10,000 on behalf of REG Power. This Community Benefit Small Grants Fund is available each year as part of F&BV CDT's Small Grants Programme.

This fund is available to constituted community groups and organisations, with their own bank accounts. They must be operating within 5km of the Tormywheel Wind farm. Applications are available for funds between £250 and £2,000.

Application forms are available now and must be submitted by 1pm on Friday 1 December. You can download criteria and an application form from our website: www.fauldhouse.org.uk/small-grants-funding

If you would like more information please contact Julie Smith, Manager The Hub email: smallgrants@fauldhouse.org.uk

The Fauldhouse Christmas Tree

Fauldhouse and Breich Valley Community Development Trust are delighted that we have been able to fund the Fauldhouse Christmas tree and lights for a further year.

The tree and lights will be put up in the first week of December by West Lothian Council on the village green opposite SCOTMID.

Website facelift

F&BV CDT have given their website a bit of a refresh.

Find out more about us and latest projects and info. Check website out at www.fauldhouse.org.uk

F&BV CDT's Christmas Toy Appeal

F&BV CDT are running a Christmas Toy Appeal again this year.

We want to make sure that we distribute to those who really need the extra support and we need your help to identify people we may not be aware of as we can only help those we know about.

If you know of a family or parent that needs help in the Fauldhouse and Breich Valley area, PLEASE NOMINATE THEM by completing the form below, telling us why you would like to nominate them and return the form to The Hub, 10 Main Street, Fauldhouse, EH47 9HX by Monday 27 November 2023.



Nomination form for F&BV CDT's Toy Appeal 2023

I would like to nominate:-

Name _____

Address _____

Tel _____

How many children? _____ Ages and gender? _____

Why would you like to nominate this family, couple or individual?

Please return this form to The Hub, 10 Main Street, Fauldhouse, EH47 9HX by Monday 27 November 2023.

Useful telephone numbers

Support and advice

Advice Shop Bathgate

Advice Service

tel: 01506 283 000

The Bridge

Financial wellbeing, counselling and bereavement support

tel: 01506 238 980

Carers of West Lothian

Information, advice and support for all unpaid carers and people with disabilities

tel: 01506 448 000

Citizens Advice Bureau West Lothian

Support and advice on a number of different topics

tel: 01506 432 977 or

01506 431 061 (appts)

Dignity Boxes

Donation boxes in the form of toiletries in a variety of communities, small business and larger companies

Eastfield Development Centre

Community building providing anti poverty support, food project (larder, food parcel delivery), information, signposting for those struggling

tel: 01501 229 645

The Food Train

Providing vital services to those who are no longer able to manage independently, through age, ill health, frailty or disability

tel: 01506 413 013

Home Aid West Lothian

Recycle used furniture and to support members of the West Lothian community who face social and economic exclusion

tel: 01506 652 230

HcL Transport

Supported door-through-door transport.

Dial-A-Ride for any destination

tel: 01506 633 953

Dial-A-Bus – scheduled trips to Livingston Shops

tel: 01506 633 336

Home Start West Lothian

Offers support, friendship and practical help to parents with young children, in communities throughout West Lothian

tel: 01506 415 755

Kidzeco Kidz Start

Community project with the mission of helping new parents within the community

tel: 01506 815 534/01506 238 283

Men Matters, Ace Awareness and mental health support

To raise awareness of ACEs and to raise money for more councillors

tel: 07938 159 593

Neil's Hugs Foundation

Help, understand and give support to families and friends affected by suicide

tel: 07446 717 501

West Lothian Financial Inclusion Network

Aims to ensure that all West Lothian residents are aware of their financial choices and promotes access to financial advice, financial products and other services, particularly for the most excluded social groups

tel: 01501 771 775

West Lothian Foodbank

Provide three days' nutritionally balanced emergency food, fuel vouchers (referred by the Advice Shop) and support to local people who are referred to us in crisis.

tel: 01501 229 307

Development Trusts

Fauldhouse and Breich Valley Community Development Trust

tel: 01501 773 699/07599 442 822

Kirknewton Community Development Trust

tel: 01506 883 988

Polbeth Community Hub

tel: 01506 536 123/0800 048 7481

Stoneyburn and Bents Future Vision Group SCIO

email: laura.sbfvg@gmail.com

WAT IF (Woolfords, Auchengray and Tarbrax Improvement Foundation)

tel: 01501 785 194

West Calder and Harburn Community Development Trust

tel: 01506 872 931

Winchburgh Community Development Trust

tel: 07733 446 717

Whitburn and District Community Development Trust

tel: 01501 748 708

The Development Trusts Association Scotland

tel: 0131 220 2456

Credit Unions

Blackburn, Seafield and District Credit Union

Anyone who lives or works in the towns and villages to the west of Livingston including Harthill and Eastfield in North Lanarkshire, can join the Credit Union.

tel: 01506 650 198

West Lothian Credit Union

A financial co-operative offers its services to anyone who lives or works in West Lothian.

tel: 01506 436 666

Local Councillors

Councillor Pauline Clark

tel: 01506 281 741/01506 281 763

Councillor Craig Meek

email: craig.meek@westlothian.gov.uk

Councillor Cathy Muldoon

tel: 01506 281 759

Government

The Scottish Government

tel: 03002 444 000

West Lothian Council

tel: 01506 280 000

Fauldhouse Partnership Centre

tel: 01501 773 000

For the latest info about F&BV CDT online

Like us on Facebook

@FauldhouseCDT

See our website

www.fauldhouse.org.uk



Fauldhouse and Breich Valley Community Development Trust

The Hub, 10 Main Street, Fauldhouse, EH47 9HX

tel: 01501 773 699

email: info@fauldhouse.org.uk

web: www.fauldhouse.org.uk

Like us on Facebook @fauldhousecdt

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F&BV CDT funders include:



Thanks to:



Thanks to our local communities for all their support. A special thank you to all our volunteers, staff and Directors